



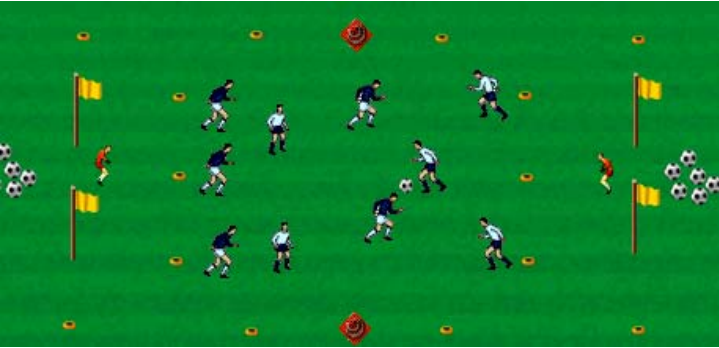


Small-Sided Games for U-10s
Rob Herringer

Activity, Description, and Progression	Diagram	Coaching Points
<p>Warm-up- 5 v 1/ 4 v 2 Possession Game</p> <ul style="list-style-type: none"> - Field: ~20 yds x 15 yds - Attacking players attempt to make as many consecutive passes as possible - Defenders win it and try to keep it away from attackers 		<ul style="list-style-type: none"> - Encourage players to find ways to help each other and keep the ball - Encourage players to hit the longest pass possible - Encourage the players to use the space provided - Movement to create passing opportunities
<p>3 v 2</p> <ul style="list-style-type: none"> - Field: ~20 yds x 15 yds - two teams of 3 - one player drops off and plays as goalkeeper when team loses possession 		<ul style="list-style-type: none"> - 1st Attacker= shoot, dribble, pass - 2nd Attacker= support/help (front, side, rear) - 3rd Attacker= get behind/unbalance the defense
<p>3 V 3 to Two Goals</p> <ul style="list-style-type: none"> - Field: ~30 yds x 25 yds - each team attacks and defends two goals 		<ul style="list-style-type: none"> - If you can't go forward, keep possession and keep the ball moving - Look to create 2 v 1 situations

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<p>2 v 3 + 2 v 3 Field: ~40 yds x 30 yds - one or two players may cross line when ball is passed across middle line, but one must stay behind</p>		<ul style="list-style-type: none">- Must quickly support the forwards when the ball is played across- Counter attack quickly- All of the above
<p>GAME- 6 v 6 Possible conditions: - Man-to-man marking - one-touch on goals</p>		<ul style="list-style-type: none">- All of the above- Let them play!